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A typical American family model is a nuclear family consisting of two parents and their children. This trend traces its historical roots back to the time of the colonists' migration, in whose families the responsibility for running the household, cooking and raising children lay entirely with their wives and mothers, who did not receive any help from other female relatives because they remained on another continent. And today, after marriage, couples form their own household, separate from their biological families.

The respect of common family traditions, as an essential part of family life today, guarantees the preservation and further development of American culture. The American family is the building block of the nation, because it is the place where the process of becoming a person who will live and work in this society takes place. It is in the family through love, support, tolerance and care that family members are brought up to first become good people, and then decent citizens of their country.

The nuclear family is an ideal of American culture, but it is not always achievable in reality. According to research, in immigrant families, married couples rely on the support of relatives in their family life.. This is also the case in African-American families, where the adult male husband is often absent, and kinship support is crucial for women raising children alone.

In America, the system of psychological assistance to the family is very developed. Everyone who is experiencing a family drama, turns to a psychologist, attends family consultations. They also invite support groups — social clubs where people with similar problems gather. Thus, single mothers, abandoned wives and abandoned husbands are not allowed to be left alone with their troubles.

One of the principles that the American family adheres to is positivity or spiritual comfort. The main rule is that the child should feel happy. Following the advice of psychologists, parents try to give their children freedom, instill in them self-respect and self-confidence, so there is no place for a guilt complex in the child's mind. The quality that mom and dad strive to develop in their child is the ability to present their abilities profitably, because without this in adult life, nowhere. Children are not punished in the Russian sense of the word - they are talked to or artificially created an instructive situation from which the child can learn a lesson.

To sum up, we can say that we certainly have some common ground with the American way of life, and we are adopting new trends from the West, many of which are taking root in our country. But there are also details that make each of the cultures very special and unique, and this is great.